

Monday, October 7<sup>th</sup>

- ▶ Discuss *My Plate* Powerpoint
- ▶ Video: *My Plate The Newest Dietary Guidelines* and discuss
- ▶ Fill in your agenda with:
- ▶ My Plate Powerpoint
- ▶ Video: The Newest Dietary Guidelines

# Tuesday, October 8<sup>th</sup>

- ▶ Today we will be going to the Lab (208) to work on My Plate Web quest (88 pts)
- ▶ Fill in agenda with:
- ▶ Begin My Plate Webquest

# Wednesday, October 9<sup>th</sup>

- ▶ Make sure you study for Nutrient test tomorrow
- ▶ Going to the lab to finish up My Plate Webquest today. Due Friday!
- ▶ **Fill in Agenda with:**
- ▶ Study for Nutrient Test tomorrow
- ▶ Complete My Plate Webquest

# Thursday, October 10<sup>th</sup>

- ▶ Make sure your folder is all in order I will be checking these while you are taking the test.
- ▶ Turn in *My Plate* Web quest.
- ▶ Today you will be taking the Nutrients test
- ▶ Complete Nutrition word search when you are completed with your test.
- ▶ **Fill in your agenda with:**
  - ▶ My Plate Web quest
  - ▶ Nutrient test
  - ▶ Nutrition word search

# Friday, October 11<sup>th</sup>

- ▶ Half Day
- ▶ Homeroom activities today (Inclusion)
- ▶ Fill in your agenda with:
  - ▶ Homeroom Activities